



# CAROLINA SPRINGS ELEM. · LUNCH · SEPTEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>
<p><b>ENTREE - CHOOSE ONE</b> CHEESEBURGER GARNISH TRAY NARDONE'S PEPPERONI PIZZA YOGURT, STRING CHEESE, &amp; SMART COOKIES TOASTED CHEESE HOMEMADE</p> <p><b>SIDES - CHOOSE 1 OR MORE</b> VEGGIE CUP OVEN FRIES FRESH PEAR FRUIT COCKTAIL</p>	<p><b>ENTREE - CHOOSE ONE</b> CHICKEN BITES WG Rolls (Yeast) B-16 YOGURT, STRING CHEESE, &amp; SMART COOKIES TOASTED CHEESE HOMEMADE CHEF SALAD WITH HAM AND CHEESE</p> <p><b>SIDES - CHOOSE 1 OR MORE</b> FRESH BABY CARROTS PICANTE' PINTOS FRESH ORANGE SMILES FRESH WATERMELON</p>	<p><b>ENTREE - CHOOSE ONE</b> STEAK NUGGETS W/ GRAVY &amp; ROLL YOGURT, STRING CHEESE, &amp; SMART COOKIES TOASTED CHEESE HOMEMADE NARDONE'S CHEESE PIZZA</p> <p><b>SIDES - CHOOSE 1 OR MORE</b> CRISPY OKRA MASHED POTATOES FRESH WHOLE STRAWBERRIES APPLESAUCE</p>	<p><b>ENTREE - CHOOSE ONE</b> CHICKEN AND WAFFLES YOGURT, STRING CHEESE, &amp; SMART COOKIES TOASTED CHEESE HOMEMADE CHEF SALAD WITH HAM AND CHEESE</p> <p><b>SIDES - CHOOSE 1 OR MORE</b> FRESH APPLE WEDGES STEAMED SPRING VEGETABLES CONFETTI COLLARDS MANDARIN ORANGES</p>	<p><b>ENTREE - CHOOSE ONE</b> CORNDOG YOGURT, STRING CHEESE, &amp; SMART COOKIES TOASTED CHEESE HOMEMADE NARDONE'S CHEESE PIZZA</p> <p><b>SIDES - CHOOSE 1 OR MORE</b> SWEET POTATO WAFFLE FRIES FRESH BROCCOLI FLORETS BANANA FRESH, WHOLE FRESH GRAPES</p>
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
NO SCHOOL	<p><b>ENTREE - CHOOSE ONE</b> FIESTA CHICKEN TACO YOGURT, STRING CHEESE, &amp; SMART COOKIES TOASTED CHEESE HOMEMADE CHEF SALAD WITH HAM AND CHEESE</p> <p><b>SIDES - CHOOSE 1 OR MORE</b> PEAS, BLACK-EYED FRESH BROCCOLI FLORETS PINEAPPLE TIDBITS FRESH WATERMELON</p>	<p><b>ENTREE - CHOOSE ONE</b> YOGURT, STRING CHEESE, &amp; SMART COOKIES TOASTED CHEESE HOMEMADE NARDONE'S CHEESE PIZZA HOT DOG ON BUN</p> <p><b>SIDES - CHOOSE 1 OR MORE</b> BAKED BEANS ROASTED CAULIFLOWER BANANA FRESH, WHOLE FRESH WHOLE APPLE</p>	<p><b>ENTREE - CHOOSE ONE</b> CHICKEN BITES WG Rolls (Yeast) B-16 YOGURT, STRING CHEESE, &amp; SMART COOKIES TOASTED CHEESE HOMEMADE CHEF SALAD WITH HAM AND CHEESE</p> <p><b>SIDES - CHOOSE 1 OR MORE</b> FRESH BROCCOLI FLORETS SWEET POTATO WAFFLE FRIES PEACHES SLICED FRESH GRAPES</p>	<p><b>ENTREE - CHOOSE ONE</b> CHEESEBURGER MEATLOAF SANDWICH YOGURT, STRING CHEESE, &amp; SMART COOKIES TOASTED CHEESE HOMEMADE NARDONE'S CHEESE PIZZA</p> <p><b>SIDES - CHOOSE 1 OR MORE</b> MASHED POTATOES SEASONED FRESH BABY CARROTS MANDARIN ORANGES FRESH PEAR</p>

**11****ENTREE - CHOOSE ONE**

SLOPPY JOE  
 NARDONE'S PEPPERONI PIZZA  
 YOGURT, STRING CHEESE, & SMART COOKIES  
 TOASTED CHEESE HOMEMADE

**SIDES - CHOOSE 1 OR MORE**

TATER TOTS BAKED  
 SLICED TOMATOES  
 FRESH WHOLE APPLE  
 FRESH ORANGE SMILES

**12**

BEEF SOFT TACO

**ENTREE - CHOOSE ONE**

YOGURT, STRING CHEESE, & SMART COOKIES  
 TOASTED CHEESE HOMEMADE  
 CHEF SALAD WITH HAM AND CHEESE

**SIDES - CHOOSE 1 OR MORE**

FRESH RED & GREEN BELL PEPPER STRIPS  
 BLACK BEANS  
 PEACH CUP  
 FRESH GRAPES

**13****ENTREE - CHOOSE ONE**

CHICKEN ALFREDO W/GARLIC TEXAS TOAST  
 YOGURT, STRING CHEESE, & SMART COOKIES  
 TOASTED CHEESE HOMEMADE  
 NARDONE'S CHEESE PIZZA

**SIDES - CHOOSE 1 OR MORE**

FRESH BROCCOLI FLORETS  
 FRESH BABY CARROTS  
 FRESH WHOLE STRAWBERRIES  
 PINEAPPLE TIDBITS

**14****ENTREE - CHOOSE ONE**

CHICKEN BITES WG  
 Rolls (Yeast) B-16  
 YOGURT, STRING CHEESE, & SMART COOKIES  
 TOASTED CHEESE HOMEMADE  
 CHEF SALAD WITH HAM AND CHEESE

**SIDES - CHOOSE 1 OR MORE**

CRISPY OKRA  
 CONFETTI COLLARDS  
 FRESH WATERMELON  
 FRUIT COCKTAIL

**15****ENTREE - CHOOSE ONE**

CORNDOG  
 YOGURT, STRING CHEESE, & SMART COOKIES  
 TOASTED CHEESE HOMEMADE  
 NARDONE'S CHEESE PIZZA

**SIDES - CHOOSE 1 OR MORE**

PEAS & CARROTS  
 SALAD, SPINACH  
 FRESH ORANGE SMILES  
 APPLESAUCE

**18****ENTREE - CHOOSE ONE**

PANCAKES & SAUSAGE ELEM/MIDDLE  
 NARDONE'S PEPPERONI PIZZA  
 YOGURT, STRING CHEESE, & SMART COOKIES  
 TOASTED CHEESE HOMEMADE

**SIDES - CHOOSE 1 OR MORE**

VEGGIE CUP  
 SPRING GREEN SALAD  
 FRESH WHOLE APPLE  
 DICED PEARS

**19****ENTREE - CHOOSE ONE**

TOSTITOS W/BEEF & QUESO-MIDDLE & HIGH  
 YOGURT, STRING CHEESE, & SMART COOKIES  
 TOASTED CHEESE HOMEMADE  
 CHEF SALAD WITH HAM AND CHEESE

**SIDES - CHOOSE 1 OR MORE**

CORN  
 PICANTE' PINTOS  
 PINEAPPLE TIDBITS  
 APPLESAUCE

**20**

CHEEZ-IT, CHEDDAR WG

FRESH BABY CARROTS  
 FRESH CELERY STICKS  
 FRESH APPLE  
 COOL RIPS BLUE RASPBERRY  
 COOL RIPS KIWI/STRAWBERRY

**21****ENTREE - CHOOSE ONE**

CHICKEN BITES WG  
 Rolls (Yeast) B-16  
 YOGURT, STRING CHEESE, & SMART COOKIES  
 TOASTED CHEESE HOMEMADE  
 CHEF SALAD WITH HAM AND CHEESE

**SIDES - CHOOSE 1 OR MORE**

STEAMED CABBAGE  
 BLACK EYE PEAS  
 FRESH GRAPES  
 MANDARIN ORANGES

**22****ENTREE - CHOOSE ONE**

SURF AND TURF BASKET  
 YOGURT, STRING CHEESE, & SMART COOKIES  
 TOASTED CHEESE HOMEMADE  
 NARDONE'S CHEESE PIZZA

**SIDES - CHOOSE 1 OR MORE**

OVEN FRIES  
 SLICED TOMATOES  
 SUMMER FRUIT CUP  
 APPLESAUCE

**ENTREE - CHOOSE ONE** <sup>25</sup>

MOZZARELLA CHEESE  
STICKS, RICH'S  
MARINARA SAUCE  
YOGURT, STRING CHEESE, &  
SMART COOKIES  
TOASTED CHEESE  
HOMEMADE  
NARDONE'S PEPPERONI  
PIZZA

**SIDES - CHOOSE 1 OR  
MORE**

FRESH BROCCOLI FLORETS  
GREEN BEANS  
FRESH WHOLE APPLE  
FRUIT COCKTAIL

**BREAKFAST CORN DOG** <sup>26</sup>

CEREAL VARIETY  
SAUSAGE BISCUIT

**GRAIN**  
TOAST**SIDES - CHOOSE 1 OR  
MORE**

ASSORTED JUICE  
FRESH GRAPES

**ENTREE - CHOOSE ONE** <sup>27</sup>

SPAGHETTI & MEAT SAUCE  
GARLIC TEXAS TOAST  
NARDONE'S PEPPERONI  
PIZZA  
YOGURT, STRING CHEESE, &  
SMART COOKIES  
TOASTED CHEESE  
HOMEMADE

**SIDES - CHOOSE 1 OR  
MORE**

CAESAR SALAD  
FRESH BABY CARROTS  
FRUIT PEARL VARIETY

**ENTREE - CHOOSE ONE** <sup>28</sup>

ASIAN CHICKEN W/RICE  
YOGURT, STRING CHEESE, &  
SMART COOKIES  
TOASTED CHEESE  
HOMEMADE  
CHEF SALAD WITH HAM  
AND CHEESE

**SIDES - CHOOSE 1 OR  
MORE**

TERIYAKI GLAZED  
VEGETABLES  
SALAD, SPINACH  
PEACHES SLICED  
PINEAPPLE TIDBITS

**ENTREE - CHOOSE ONE** <sup>29</sup>

YOGURT, STRING CHEESE, &  
SMART COOKIES  
TOASTED CHEESE  
HOMEMADE  
NARDONE'S CHEESE PIZZA  
HOT DOG ON BUN

**SIDES - CHOOSE 1 OR  
MORE**

CAROLINA COLESLAW  
BAKED BEANS  
BANANA  
FRESH, WHOLE  
DICED PEARS